

Health of Tea Garden Labourers: A Brief Review

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Abstract: Tea is one of the most popular beverages around the world, and tea industry holds a strong potential in Indian economy. Tea industry is labour intensive, and a large number of unskilled labourers are engaged in this job. Health and nutrition of the labourers are major components for the productivity of the labourers in tea industry and therefore it is necessary to look into the health status of the tea garden labourers. The paper tried to review the present health condition, nutritional status and disease burden of the tea garden labourers, in light of the literatures published from different tea regions of India, which may help the garden authorities as well as the government officials to identify the problem and planning for a better health and nutrition of the tea garden labourers.

Key words : Review, Tea garden labourer, nutritional status, diseases burden.